



FOR IMMEDIATE RELEASE

## Preschool Survival Guide

### Tips To Make Heading Back (or Even the First Time) a BREEZE for Kids...and Parents

Aug. 2011 - It's that time again....time to get the kids in gear for **Back-to-School**. It can be a rough time for kids at any age, but your little preschoolers that are fairly new to being separated from mom and dad may need a little more help getting used to this new adventure.

At [The Learning Experience](#), we understand that each child needs to take the time to adjust at his or her own pace. Our experienced staff is here to make the transition easier for both parents and kids and you can find comfort knowing they're doing their best to make the adjustment as seamless as possible.

We've come up with a couple of tips to make the transition a little bit easier for both you and your child.



#### TIPS TO PREPARE YOUR LITTLE ONE FOR PRESCHOOL:

1. **Pep Talk** - Start getting him/her excited about their TLE adventure NOW. Fill them in on what they can expect including teachers, new friends, fun games, etc.
2. **Get a Sneak Peak** - Bring him/her to your TLE center to look around and meet the teachers.....and maybe even BUBBLES!!
3. **Practice Makes Perfect** - Make practice runs to the center as early as 2 weeks prior to the first day, if possible, to get him/her accustomed to the new schedule and familiar with TLE.
4. **Get An Early Start On Friendship** - Make a play date with a fellow classmate. Having a friend will make that first day a lot easier!
5. **Read All About It** - Go to your local bookstore or library, find a book about going to school and read it to your child. Here's a good one: ["I Am Too Absolutely Small for School" by Lauren Child.](#)

#### WHAT SHOULD I PACK?

##### 5 Items to include in your child's backpack:

1. A full change of clothes.
2. Any medical information the school may need including pediatrician's phone number and any medical issues.
3. A plastic, waterproof folder for teachers to use when sending home notes and important information.
4. A favorite blanket to help your little one adjust to the transition.
5. Pack a picture of yourself with your child...especially if it'll be their first time away.

#### WHAT SHOULD I LEAVE AT HOME?

##### These items could cause problems:

1. Toys
2. Candy, gum, soda or any food items



#### SUCCESSFULLY HANDLING THE TRANSITION WITH YOUR CHILD:

1. If possible, make plans to spend part of the first morning with your child. Tears are normal and common for both child and sometimes even you, the parent. For some children, the transition is made easier if it's gradual. Each child is different, though. Talk with your TLE teachers about any separation issues.
2. Don't stay too long. Often the child will stop crying shortly after the parent leaves. Let us be your guide on this – at TLE, we have helped many children and parents through separation anxiety.
3. At dinner, be sure to talk to your child about their teachers and new friends. Ask questions to determine if they are adjusting.
4. If your child has concerns about another child be sure to let the center know as soon as possible.

5. Talk to the other parents and set up play-dates with classmates.

### TLE HELPS KIDS DISCOVER LEARNING IS FUN!

Keep the lines of communication open by asking questions about their day, their activities and the new things they experienced.

Your kids are going to have a LOT to share with you about their day! They'll tell you all about the songs they sang and the great new things they learned. With TLE's new [L.E.A.P. Into Spanish™](#) program, they may even tell you about it en Español! With our [outstanding curriculum](#), don't be surprised when your little preschooler heads to kindergarten ready to start reading!

Ultimately, the most important thing is to make sure your child understands that preschool and learning are exciting and fun. But don't worry, they'll find that out once they spend their first day at TLE!

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To learn more about The Learning Experience or to locate the center nearest to you, please feel free to contact us at (888) 991-4222 or via email at [info@tlecorp.com](mailto:info@tlecorp.com).

Look for us online! Visit our website here: [www.thelearningexperience.com](http://www.thelearningexperience.com) or click one of the icons below to find us on Facebook and Twitter.

